



# BRAZILIAN ZOUK DANCE COUNCIL

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## **BRAZILIAN ZOUK DANCE COUNCIL**

### **BZDC RULES, POLICIES, AND GUIDELINES FOR COMPETITORS**

Find everything you need to know about rules, policies and guidelines for competitors. Please email any questions to the Brazilian Dance Council at [info@brazilianzoukcouncil.com](mailto:info@brazilianzoukcouncil.com).

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# **BZDC COMPETITIONS:**

## **A GUIDE FOR COMPETITORS**

This document is designed to give competitors information about Jack and Jill competitions.

Jack and Jills are based on social dancing. This means that you are improvising a dance with a random partner to a random song. This does not mean that Jack and Jill competitions are exactly like social dancing.

For example, in competition you will be judged on elements including your appearance. And, your visual aesthetics are more important to competitions than in social dancing. You need to also be aware of things like facing the audience, in addition to the technique, timing, and connection that are staples of social dancing. This means that even great social dancers may need to adjust their dancing to do well in competitions.

Jack and Jill competitions are also a mix of luck and skill. Skill is how well you execute and fulfill the competition criteria. Luck is who you draw as your partner, when the judges are watching you vs. someone else, and what songs you dance to.

### **LIFTS AND DIPS**

Dips (where at least one foot of each partner is on the floor) are permitted. Lifts (when both feet of one partner leave the floor and the partner's weight is supported) are not permitted in any division, and result in an immediate disqualification (non-finals) or last place (finals).

### **ARRIVING ON TIME AND COMPETITORS MEETINGS**

Events may disqualify participants who do not arrive on time to check in for their competition for any region, or who do not attend any mandatory competitor's meetings. The flexibility of these policies is at the discretion of the event organizer and competition staff. Once a competitor is scratched (removed) from the competition, they will not be re-added.

## **BIB PLACEMENT**

Followers should wear the bib on the lower back or over the butt. Leaders should wear it in the center of their upper back. It is important to place bibs in these locations to help judges quickly scan numbers, and help competition staff differentiate between leaders and followers on the competition floor.

Bibs should not be placed on the front or the side of the body.

You should keep your bib as you will need it if you advance to the next round.

## **JUDGING CRITERIA & SHOE REQUIREMENT**

Five criteria are used to judge you in competitions. This is described on our Judging Criteria page. You should review this page prior to competing.

Please also ensure you wear shoes. Foot Undeez and socks are not shoes. If you do not wear shoes, you will be disqualified.

## **CLOTHING & SHOES**

In addition to stage presence and dance presentation, the Presentation component also can deduct points for being dressed inappropriately. This is similar to the Costume or Presentation element of a routine division. While you should not wear a costume for Jack and Jill, here are some things that are important for the appearance category:

### *Shoes:*

Shoes are required for all divisions. Not wearing shoes results in a disqualification.

While some dancers do social dance or teach in socks or bare feet, it is not accepted for competitions. Foot Undeez and socks are not shoes. This is both for an appearance reason (showing your intention and professionalism as a JnJ competitor), and hygiene/safety.

Followers are encouraged to wear high heels, and the added level of difficulty is reflected in the difficulty score. However, you will not be penalized for wearing flats. Leaders will not be given a point bonus for high heels, as we prefer leads to be more grounded and ready to stabilize the follow in complicated movements (which heels can make more difficult).

## **PROPS AND COSTUMES**

Props are not permitted in BZDC competitions. Props include any item or detachable piece of clothing used intentionally as part of the dance. Props represent an automatic disqualification.

Costumes generally should not be worn for BZDC competitions, unless wearing a costume has been sanctioned by the event itself as part of a theme (for example, Halloween themes at events).

Performance-style dance costumes used for routines or improvised shows should not be worn.

### **Clothing:**

Your competition clothing should be able to catch a judge's attention, provide you with freedom of movement, and be something you feel confident in. You should also try to wear something that allows judges to see your lines and technique. However, there are some rules and guidelines regarding what is considered appropriate clothing for competitions.

Clothing is expected to cover private areas (butt, groin, and breasts) at all times. Men must wear shirts. Judges are allowed to lower the Presentation score if parts/all of these areas are shown, but it will not disqualify you.

Competitors are encouraged to "dress up" (for example, classic or trendy jeans/pants/shorts, skirts with booty shorts, dresses or tops that securely cover the chest for women). We suggest that you not wear bodysuits or other gym wear, cargo shorts, sweatpants, etc. While bodysuits are a popular clothing choice in some areas and can be very intricate or sexy, they are still considered gym wear. Please note that this is a guideline - not a rule; you will not be judged on this. We want competitions to reflect professionalism - which is what this guideline is aimed to achieve.

## **DIVISIONS**

In BZDC Jack and Jill competitions, you may see the following divisions:

- Newcomer

- Novice
- Intermediate
- Advanced
- All-Star
- Champion (10+ years of teaching, international reputation, by invitation of BZDC only)
- Pro (for anyone who teaches for money)
- Invitational (by invitation of event organizer)
- Junior/Masters (age-based divisions)

As a competitor, you can gain points and level up through Novice, Intermediate, Advanced, and All-Star divisions at BZDC Registered Jack and Jill competitions. Non-registered competitions or competitions that do not follow our event rules will not give you points in the database.

You can level through Newcomer, Novice, Intermediate, Advanced, and All-Star as follows:

Division	Requirement Minimum (when you may compete in	Requirement Maximum (when you must leave division)
Newcomer	Criteria determined by event. Usually new competitors or beginner dancers. Not all events offer this, in which case competitors start in Novice.	
Novice	No BZDC points	20 Novice points AND a 1st place win
Intermediate	20 Novice points	30 Intermediate points AND a 1st place win
Advanced	30 Intermediate points	40 Advanced points AND a 1st place win
All-Star	40 points in Advanced	Invited to Champion division by BZDC

BZDC also records points for other divisions, including Pro and Invitational divisions. However, these divisions are at the discretion of the event organizer in terms of what you need to qualify. Participating in these competitions also does not cause you to “level up” in other divisions. Therefore, we do not provide a guide for moving through these divisions.

Please note: competitors are no longer permitted to stay in a division once they have reached the point threshold to compete in the next division, whether or not they have a first place finish.

## **SWITCHING BETWEEN LEAD AND FOLLOW**

You are permitted to compete as a lead or follow, regardless of your gender or sex. You are also allowed to change which role you do at different competitions. However, you may only enter one BZDC levelled competition per event. For example, you cannot enter as both a lead and follow in Novice, or as an Intermediate lead and a Novice follow.

BZDC does not track points separately for leads and follows. Therefore, whatever your BZDC level is will determine what division you compete in - regardless of whether you are competing in that event as a lead or follow. For example, an Intermediate dancer must compete as Intermediate whether they are a lead or follow (unless they petition for a change).

For greater clarity, you may only enter one time in one of Newcomer, Novice, Intermediate, Advanced, All-Star, or Champion. You may not enter another of these divisions by changing your dance role from lead to follow or vice-versa.

## **PETITIONS**

BZDC allows competitors to petition to compete up or down in other divisions. For example, a competitor can request to be allowed to compete in Intermediate instead of Novice, or as an Intermediate instead of advanced dancer.

Petitions are designed to capture very large discrepancies in the level of a dancer versus the division they are permitted to dance in. A dancer should be clearly and obviously stronger than the majority of field of competition for a petition to be approved. Most petitions are for a single level up. In exceptional circumstances, petitions may be approved for a change of more than one level.

Petitions down are considered an outlier. A petition down will only be approved in exceptional circumstances, with terms and conditions established at the discretion of the BZDC.

### **Requesting a Petition**

To petition, a dancer must have a nominator and a seconder that are qualified to judge the division they are hoping to petition to and complete an online form. For example, a Novice competitor hoping

to petition to Intermediate must have two BZDC judges qualified to judge Intermediate support their petition. The judges must not be a life or dance partner or ex-partner or family member.

Once the petition is submitted, the Head Judge for the competition or the Board of the BZDC will decide whether to accept the petition. The Head Judge or BZDC Board retains the right to refuse the petition for any reason. Additional documentation that shows the dancer's level (for example, a video) may be requested.

All petitions must be submitted prior to the close of the competition. It is highly suggested to submit petitions in advance of the event, to ensure adequate time is available to review the petition. Petitions submitted at the event may be declined due to administrative time constraints.

If you have not followed the petition process, you will not be allowed to compete in the petition division.

### **Number of Petitions**

**A person may only petition a maximum of twice per division.** For example, a Novice dancer may petition twice for Intermediate, and then twice again once they reach Intermediate for Advanced.

A person who has successfully petitioned up must wait at least six (6) months before petitioning up to the next level. For example, a Novice dancer that successfully petitions into Intermediate must wait at least 6 months before petitioning for Advanced.

### **Successful or Unsuccessful Petitions**

In order for a petition to be successful, the dancer must obtain at least one (1) BZDC point in the competition they petitioned in. The exception is competitions that are run as straight to finals. If a competition is run as straight to finals, a petitioning dancer must place in the top three.

If a petitioner does not meet these requirements, they must compete in their original division at the next event, regardless of whether they show digitally as having competed in the higher division.

Violating this policy may result in disqualification from future competitions.



## **Permanent Level Changes**

A dancer may request a permanent level change up to another division if they believe they clearly are exceptionally strong for their current BZDC division, or if their reputation or contributions to the Brazilian Zouk community necessitate a change of division (for example, nominations of All-Stars for the Champions division).

Exceptionally strong dancers will generally be performing at the top of their division with great regularity. When compared to others in their division, they should be obtaining near-unanimous “yes” ratings in preliminary rounds, and should be a strong contender for placements in their division nearly every time. Their participation in the lower division should be notable enough that they appear as a significant outlier with regards to their dance ability compared to the others in their division. This is most frequently applied to high-level instructors who have not had enough access to competitions at their level to “point out” of Intermediate to Advanced, or Advanced to All-Star. As higher-level competitions grow and become more common, this provision is expected to be retired.

In order for a dancer to be considered for a permanent level change, the dancer must obtain the written support five (5) members of the BZDC Board. When such a request is received, the Board will consider whether to accept or reject the proposed level change.

Requests for permanent level changes will never be considered at the time of an event competition, and must be submitted in advance.

## **AUGUST 2018 NOVICE POINTS CHANGE - GRANDFATHERED COMPETITORS**

Prior to August 2018, BZDC required competitors to have 15 Novice points to move to Intermediate. BZDC allows anyone who gained 15 Novice points in or before August 2018 and does not have any Intermediate points to choose whether they prefer to compete as a Novice or Intermediate competitor.

## TEACHER EXEMPTION FOR NOVICE DIVISION

Any teacher who has been regularly teaching for a minimum of 2 years is eligible to compete starting in Intermediate division. This means they do not need to compete as Novice dancers. The primary purpose of this provision is to prevent teachers from competing against their more junior students. BZDC reserves the right to determine if a teacher has been teaching regularly enough to meet this requirement.

## HYBRID DIVISIONS

Sometimes, you may see competitions that are a hybrid between two divisions. This is typically done when there are not enough dancers to have their own divisions.

In All-Star/Champion hybrids, dancers will be given points according to their current level. For example, an All-Star will gain All-Star points, whereas their Champion partner will get Champion points.

In cases where there is a hybrid between Novice/Intermediate or Intermediate/Advanced, points will be given to all competitors at the LOWER of the levels. For example, all competitors in a Novice/Intermediate hybrid will gain Novice points.

## Tiers and Getting Points

Tiers are how BZDC determines how many points the finalists should get in a competition. It is designed to reflect the difficulty level based on the size of the competition. For example, it is more difficult to get 1st in a competition with 40 couples than with 10 couples.

Tiers are calculated by role - not by couple. For example, a competition with 15 leads and 20 follows would be a Tier 1 competition for leads and Tier 2 for follows.

The BZDC recognizes three tiers with the following associated points:

Tier	# Competitors	1st	2nd	3rd	4th	5th	Additional Points
1	5-15	5	4	3	2	1	None
2	16-39	10	8	6	4	2	6th to 10th get 1 point

3	40+	15	12	10	8	6	1 point for all finalists
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No points are ever awarded for non-final rounds. Scratched (no-show) competitors are not counted towards the total number of competitors. For example, a competition with 16 registered follows where only 15 attend preliminaries would still be a Tier 1 competition.

#### DIVISIONS WHERE SOME DANCERS DANCE TWICE

In some cases, a competition final may have an imbalance between leads and follows. In these cases, some dancers will be required to dance twice. If a dancer gets more than one placement that should result in points, only the higher placement will get the points. For example, if a competitor gets both 1st and 3rd place, they will only get points for the 1st place finish.

#### Minimum Number of Couples

Competitions are required to have a minimum of 5 couples prior to being recorded by BZDC as an official competition.

#### PRELIMINARY, QUARTER-FINAL, SEMI-FINAL, AND FINAL ROUNDS

If there are more than 15 competitors in either role, there must be at least a preliminary round. BZDC recommends (but does not require) the following:

- Tier 1: Straight to final, or optional preliminary round
  - (if spotlight final, prelim if more than 10 couples)
- Tier 2: Must have prelim; semi-final optional
- Tier 3: Must have prelim; semi-final strongly recommended

In addition, if there is a discrepancy between the roles of >3 in a Tier 1 competition with more, there must be a preliminary round. If there are only 5 competitors in one of the roles for the division, the maximum discrepancy in the roles is 2 (for example, 5 followers 7 leaders, or vice versa).

#### JUDGING CONFLICTS

BZDC does not permit judges to judge their dance or life partner or ex-partner, or immediate family member. While most judges attempt to remain impartial regardless of who is competing, we do this to ensure that competitions are as fair as possible.

In addition, judges are expected to note possible conflicts of interest for mitigation where possible. For example, judging close friends, team members, or teachers from their school.

In those cases, where possible, it is preferable to have an individual without a conflict judge that role.

## **EXPLAINING DIFFERENCES IN SCORES**

If you have looked at scores, you may sometimes see a very large range of scores. One judge may have placed a couple first, and one may place that same couple 10th. This is especially common in heated divisions.

Often, really big ranges indicate that a competition was very close. Since relative placement doesn't use raw scores, the difference between 1st and 10th can be very big or very small. For example, in some cases, it may be less than 2 raw score points of difference!

So, extreme consistency often means that a competition's result was very clear, and there was a wider gap between that placement and others.

In non-spotlight divisions (where more than one couple dance at a time), it can also be the result of when the judges saw particular people. So, if a judge sees only part of your dance, whether you are 1st or 10th could depend on what part of that dance they saw.

## **PRIZES**

Prizes are distributed at the discretion of the event. Most events will give a physical trophy, medal or ribbon for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> placements. Prize money, gift certificates, and event passes are prizes that various events may give competitors. Prizes are provided at the sole discretion of the event.

## **FEEDBACK**

Some judges are willing to give feedback. Some can't remember, and others sell their feedback as part of a private lesson. You can also hire a pro to watch your competition (live or video) to give you feedback on it. This is between you and the judge or pro.

Generally, judges will not provide feedback until the results of a competition are announced.



It is rare that there are many notes on judging sheets because of the speed judges need to make decisions - and the fact that taking notes means they can't watch the competition properly.

## **MINDSET AND PREPARATION**

### HEALTHY COMPETITION MINDSET

While competitions generally reward dancers who have strong technique, not making finals or not placing should not be seen as a measure of your social dance value or potential. It does mean that based on the criteria, your dancing was not as strong as other competitors while the judges were watching you.

Further, making finals or placing in one competition is not a reflection that you have nothing left to learn. It is entirely possible to come 1st in one competition, and then to not make finals in a different one.

It can be useful to use the videos and any feedback to target your training to address deficiencies that prevented you from having better competition results. Even if you did well, you can still get this feedback to help you continue to do well in the future.

### PREPARING FOR COMPETITION

You should make sure you are adequately warmed up through stretching and movement before a competition. We strongly advise not dancing cold. Feel free to stretch, jump, or otherwise get your blood moving while you are waiting in line. You should also think about eating something light, using the washroom, and getting a water bottle before you line up. Bring a sweater to keep warm in case you are standing or sitting for a while.

Props are not allowed in any division and shoes are compulsory.